

UNS Energy: How to Sign Up for Hinge Health

Eligible members can get started with Hinge Health online in just a few steps.

Who is eligible

- Members and eligible dependents age 18 or older who are enrolled in a Blue Cross Blue Shield of Arizona medical plan through UNS Energy Corporation.

Get started in 4 steps

- Step 1: Go to the UNS Energy Hinge Health page:
 - hinge.health/unsenergy
- Step 2: Create your account.
 - Use your preferred email address and create a password.
- Step 3: Complete the application questionnaire.
 - Answer a few questions about your pain, health history, and preferences.
 - This helps Hinge Health match you to the right program.
- Step 4: Download the Hinge Health app and get started.
 - Once accepted, you can download the app and begin onboarding.
 - If you do not have a smartphone or tablet, you may be able to request a Hinge Health tablet.

What happens next

- You may receive a welcome message from your care team.
- In the app, you can complete onboarding tasks and, if available, schedule a PT video visit.
- You can begin your exercise therapy sessions right in the app.

Need help?

- Member Support: 855-902-2777
- Email: help@hingehealth.com